



IPA MANHATTAN  
PHYSICAL THERAPY

## foot and ankle ability measure (faam)

activities of daily living subscale

Please answer every question with one response that most closely describes your condition within the past week. If the activity in question is limited by something other than your foot or ankle, mark "Not Applicable" (N/A).

	no difficulty	slight difficulty	moderate difficulty	extreme difficulty	unable to do	n/a
Standing						
Walking on even ground						
Walking on even ground without shoes						
Walking up hills						
Walking down hills						
Going up stairs						
Going down stairs						
Walking on uneven ground						
Stepping up and down curbs						
Squatting						
Coming up on your toes						
Walking initially						
Walking 5 minutes or less						
Walking approximately 10 minutes						



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Walking 15 minutes or greater						
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**foot and ankle ability measure ( faam )**

activities of daily living subscale

*Because of your foot and ankle how much difficulty to you have with:*

	no difficulty	slight difficulty	moderate difficulty	extreme difficulty	unable to do	n/a
Home responsibilities						
Activities of daily living						
Personal care						
Light to moderate work (standing, walking)						
Heavy work (push/pull, climbing, carrying)						
Recreational activities						

How would you rate your current level of function during your usual activities of daily living from 0 to 100, with 100 being your level of function prior to your foot or ankle problem, and 0 being the inability to perform any of your usual daily activities.

\_\_\_\_\_. 0 %



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Martin, R; Irrgang, J; Burdett, R; Conti, S; Van Swearingen, J; *Evidence of Validity for the Foot and Ankle Ability to Measure*. Foot and Ankle International. Vol. 26, No. 11: 968 –983, 2005.

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